



## **KNOWING YOUR REAL SELF**

## BY MS. RASHMI AIYAPPA SPIRITUAL SCIENTIST AND FOUNDER OF AASHWASAN

On 26th March 2011 Boulevard Hotel, Kuala Lumpur Malaysia

A beautiful evening in a beautiful setting created to transform lives of people. Fifty Malaysians came to Boulevard Hotel, to take the opportunity to meet with and interact with the world renowned Spiritual Scientist Ms. Rashmi Aiyappa. Ms. Rashmi Aiyappa was born with the knowing of Aura Science and Extra Sensory Perception. Ever since she was

a child she has been a witness to universal phenomena we all know as nature and all its beautiful manifestations. Knowing the root cause of various life threatening illnesses and conditions in our world today, she brings forth profound clarity in her awareness programs both as knowledge and in experience.



In Knowing Your Real Self, Ms. Rashmi Aiyappa took each person through a profound journey. First of understanding oneself, followed by an experience of who we are through a group healing.

She brought out a deep understanding of the human mechanism – the body, mind, soul mechanism which brings about our experiences; who we are, what our possibilities are, and where we are as a result of a collective evolutionary change. She shared that our knowing of our real self, our potential and our capabilities have diminished over centuries. Due to diminished communication within our self, we feel confused, we don't know why we choose what we choose and yes, our body manifests malfunctions as disorders, conditions, life threatening illnesses etc.

Despite how dire things might seem, she highlighted that there was hope. When we, as human beings, decide to take that journey to our self, when we seek to know ourselves a little better, our life becomes beautiful. We experience bliss, as that is a constant state of being. This state is irrespective of circumstances, situations and experiences in life. She shared that life is a journey, of truly getting to know who we really are.

The group healing was a profound and a deep experience. After the healing, many opened up to Ms Rashmi Aiyappa and shared their deepest experiences and asked personal questions. As Ms. Rashmi Aiyappa addressed them, a few of the audience members broke down. For the first time perhaps, many felt deeply understood, loved and completely accepted.



All stayed back to thank her for all they had received, and left the group healing with hope in their hearts. Direction of life itself, was changed for all who attended the program, leaving a choice with each individual to accept this change in their lives, leading them to their destiny.

