



## ***Spirit-U-All™*** **The power of emotions**

The value of emotions in our life is vastly underestimated. The loss of a faculty is felt keenly by all of us, but the loss of connect with our emotions can do incalculable harm and yet is hardly noticed.

Emotions impact many aspects of our lives- our professional performance, our relationships, our attitude, our moods. If we are connected with our emotions we can sail through life in a graceful manner. When faced with challenges and difficult situations, we can make the right choices, learn lessons from our life and gain wisdom from our experience. Whether the baggage of experience makes us wiser or makes our shoulders droop depends entirely on our connect with our innermost emotions.

Emotions are the windows to our soul, they are the pathway for our inner journey. The experience of our true emotions can elevate the purpose of our life and make us perform more efficiently. Experiencing even a speck of your deeper most emotions can be euphoric.

Join us for an experiential and a breathtaking journey into a world of emotions. Spirit-U-All™ is a forum created by Aashwasan to bring people together to offer an unconditional space to open up, share, talk, discuss, express and feel the most vulnerable, most absurd, most confused and most importantly the most special aspects of oneself.

### ***COME AND EXPERIENCE A JOURNEY ...***

**At:** Times Foundation, No. 40 /1, S&B Towers, 1st floor, MG Road, Bangalore-560001

**On:** March 17<sup>th</sup>, Saturday 2018 **from** 3.30 pm **to** 6.00pm

**Registration Charges:** 1000 INR **To Register** RSVP Ph: 9731301017/18 or Email [spiritual@aashwasan.com](mailto:spiritual@aashwasan.com)

### **Introduction to Aashwasan Beyond Time and Space into the World Undiscovered**

A science that was discovered with mysteries hidden in ancient times, secrets about timelessness and theories about life after death - one science that encompasses mechanism of all life forms into a single dynamic format demystifying root cause of all unknown, may it be suffering from a disease, struggling in situations of life, stuck in a relationships or not knowing yourself at all. A space that has an answer beyond religion, belief, faith, logic and philosophy. It is an experience! A science that the world was waiting for, is now a reality. Aashwasan Science™ is a global revolution in bringing Love and Happiness in people's lives. Come and experience a journey of inquiry, sharing of views and expressions of your silent self.