



Event Highlights Spirit-U-All™

held on 18th Oct 2014
from 5:00pm to 6:30pm
at Urban Solace, Ulsoor, Bangalore India

A warm evening that connected many hearts...this sums up the experience of spirit-u-all. The energy exuded was instantaneous, as if everyone was just waiting to talk and connect. **Spirit-u-all™**, a forum brought forth for the first time by Aashwasan, brought people together, offered a space where they

open their hearts and visit their inner most questions and experiences. The forum opened up a possibility for people to connect with one another and to themselves too. A small activity of introducing the one sitting beside, opened up a profound fact that we feel each other when we open our hearts. To get a sense of a person, it doesn't take time; it takes a heart. It gave an opportunity to people to give voice to their questions, without inhibitions. This brought out hidden queries on life, spirituality, life's journey, knowing oneself, dealing with problems etc. Facilitated by Aashwasan practitioners, people were taken through a journey of introspection, inquiry and inspiration that one can find their own answers in their heart. Forum left people with a seamless comfort and happiness, with many looking forward to coming back - "We want to visit again" ©To attend Spirit-U-All next month or know more please contact 9731301017/18



