

Inheritance of Diseases

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Dis-ease is any abnormal condition of the body or mind that causes discomfort, dysfunction or distress to the person affected. Behind every disease or health issue is a deeper problem, a root cause which is unseen. The things that we experience as diseases are but a manifestation of that root. More than 80% of all diseases have been traced back to aberrations in our inner life. It is also very unsettling to know that these aberrations don't just affect us, but can also be passed on to the next generation and can affect our children.

A good look at any family tree – we can see that there are diseases which are running from one generation to the next. Cancer commonly runs through family trees, so does heart diseases. Not only can the diseases at the physical level, but also conditions which arise out of our inner life, like depression or suicidal tendencies can be inherited by the offspring. A mother with drastic mood swings is likely to pass on this trait to her daughter. If this pattern of behaviour is not broken, it can become a family trait.

So, what affects our journey through life?

What is the mechanism behind diseases which is passed through generations?

Aashwasan Science™ takes a deeper look at it. In Aashwasan, we say that all conditions have an origin and this origin is unique to each individual and can be traced through a "Root Cause Analysis" using the Aashwasan Science™ diagnostic and assessment tools. These root causes are mostly unconscious patterns deeply etched within us and no condition can be really reversed or changed without working on the root cause.

A two-way energy communication happens between the mind, body and soul all the time at an unconscious level. This communication affects the subatomic energy levels of our cells. Altered energy communications due to our stressful, anxiety ridden lives thus causes changes in this natural format of body's mechanisms. These altered mechanisms can perpetrate itself to the next generation too. Thus, our thoughts and perceptions not only determine who we are but also restructure our genes and determine who we become individually and as a collective. Presently, human beings carry within them tens and thousands of such variations which have taken us far away from our original blueprint and can reverberate through generations.

An evolutionary change has happened to humanity over millennia. This change has brought about a limited experience of our innate potential. The blueprint of the human race is designed to experience health. Every cell in our body is meant to function together for our benefit



and we are designed to live an enhanced life but we do not experience this. Aashwasan Science™ says that this is because we experience only 3- 5% of our entire gene potential.

Over generations, the choices that human beings have made has disconnected us from Our infinite Self – the deepest aspect in us which carries this innate potential, the aspect that brings about better health, expansion and creativity in people leading to a fulfilling life. Thus, we live in a society where people are sick and diseased, unhappy and stressed out. In today's world, people struggle to be present to the experience of their life, struggle to feel love and are totally disconnected with themselves and the world around them.

Aashwasan science™ is a scientific methodology which is here to connect us back to our Infinite Self, there by changing even the genetic variations and aberrations which has happened to mankind and regenerating the original format of life, thus helping people walk the path of their highest possibility.

Not just that, over a decade now, Aashwasan has treated people suffering from conditions that have been passed on through generations or which stem from variations in the genetic format. Aashwasan Science™ re-establishes the two way communication between the mind, body and the spirit or the Infinite self - **Thus, bringing high levels of coping and preventive health possibilities for conditions that result from missing genes and chromosomal defects. Down's syndrome, Angelmann's syndrome, Diabetes Type 1, Thalessemia, Keratoconus, Epilepsy, Autism etc., are some of the conditions which have had unprecedented breakthroughs with Aashwasan's interventions.** One of the key takeaways of the treatment is the unique manner in which the genetic metabolism of the individual is equipped to rehabilitate the dysfunctionality out of the system. Also, people who take treatment from Aashwasan are likely not to pass on such conditions on to the next generation.

