

SPIRIT U ALL™

EXPERIENCE YOUR KNOWING



In a fast changing and evolving world, there is a deep need for people to go within. The pursuit of happiness has taken many to various challenges and endeavours. Those endowed with materialistic comfort quickly realize that happiness, contentment and peace does not come from these factors but from within. In the cycle of one's life, unexpressed emotions stand as a roadblock for one to share openly. We fail to share and express and many a times hold ourselves back due to conditioned behaviour and responses. As a result, we do not experience humanity as it was originally designed and fail to connect with each other. This leads us to experience a state of aloofness and isolation in our own existence. Many seek the spiritual path to connect, however, many go astray in the name of seeking. In some way, unconsciously all of us are trying to reach within. There is a deep seeking, whether we call it spirituality, finding a purpose or self-actualisation.

Many of us live with nagging questions about ourselves, our lives, experiences, happenings and much more. Some of us take the route of inquiry while some of us just "accept" it. At Aashwasan, we believe that it is every person's fundamental right to know themselves. In Aashwasan being self-aware is spirituality. Aashwasan, is a space and institution founded by Ms Rashmi Aiyappa the spiritual scientist, inventor, entrepreneur and social innovator. She was born with abilities that enabled her to experience multidimensional realities of nature and the universe. She experiences the happenings in our world and individuals across time, and is a witness to the mechanism of LifeForce Energy™ that is manifesting in nature. Her inborn abilities led to experiences

that evolved knowledge - a science of life's mechanisms. Known as Aashwasan Science™, she offers this knowledge to the world through her inventions - tools and techniques of Aashwasan Science™. These tools and techniques are offered as diagnostic, treatment, counselling, corporate services et al. Unprecedented breakthroughs achieved in areas of health and wellness, corporates and education has led Aashwasan Science™ to be accepted as one of the mainstream sciences in the world.

As an experience, Aashwasan Science™ stands as a platform and facilitates a space to establish connect with oneself and another. According to Ms Rashmi Aiyappa emotions that are suppressed and unexpressed impact on the body and manifests as concern, disease or lack of clarity in life. Ms Rashmi Aiyappa says that emotions are a form of energy and has the potency to create an impact on the system which is towards nature's creation or against it. As an individual connects within, the journey takes them to experience his or her emotional and physical reality with clarity. This allows a person

to open up, share their deepest fears and concerns enabling them to unburden. Such expression releases the unattended and unresolved issues and concerns. In this manner, Ms. Rashmi Aiyappa reaches out to the world through Aashwasan Science™ practitioners to support people with her inborn knowledge of Life's Mechanisms. Aashwasan Science™ practitioners are channels to Ms Rashmi Aiyappa, who are connected to her at an unconscious level, just as wireless internet network is connected to a laptop.

To help individuals experience their answers Aashwasan has created a forum called Spirit-U-All™. This forum facilitates an unconditional space for people to share their deepest questions, worries, concerns and fears without being judged. It is a forum where people open their hearts, look at life, bring out the most simple questions of life - be it on health, well-being, relationships, career, family, friends et al. - where all those on their quest to seek answers come together. This forum brings hope back as one opens up to share and unburden themselves from the shackles of their emotions and pain.



To know more about Aashwasan and Spirit-U-All™
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