

uman beings speak to one another. Words, gestures and postures allow us to make a point. But that is not the only kind of communication going on around us. At deeper levels, everything atoms, cells and molecules are participants of a sensitive flowing web of communication / information. Unseen by the eye, this really is the language running through all of living beings which creates life and the fascinating diversity of Nature. It governs the rhythm of evolution.

Our body is like a honeycomb of billions of microscopic cells. Each cell is alive and is engaged in performing various functions. They are busy in building tissues or repairing damage, creating secretions necessary for life, fighting infections or are carrying waste out of the body. They are all moving with a common purpose of maintaining health and life.

How are they performing the necessary duties of human anatomy in such an intelligent manner? Behind the scenes, billions of tiny cellular voices are whispering day and night in the form of codes, cues and signals of chemical and electrical nature as they work as team to keep us alive and allow our 60 trillion cells to function as a single organism. Inside us, there is a vital communication happening. The cells that make up our bodies inform, command, reassure, nurture, and instruct each other to direct every physiological function, report every noteworthy event, record every memory, and heal every wound. They are incessantly sending signals that could repair wounds, reduce cholesterol, control insulin level or even block the production of cancer cells. They carry the potential to influence our life and our health based on the various factors from our external environment, good or bad. Without these ceaseless whispered conversations among the cells, our bodies would break down.

Plants also have a vast vocabulary of signals and responses. They are rich in sensation, and respond to the stimuli from the surrounding world every moment of their active lives. They have finely tuned sense for detecting signs of stress from the environment and adjust their metabolism accordingly. Microscopic particles within each plant cell are moving around adjusting their leafy canopies to get their fair share of light. The metabolism, the expression of genes and the rate of growth of the plant are an integrated response to all this sensory input from the environment. They are highly aware, responsive and very intuitive about changes in the environment

Plants, animals, birds, elements of Nature and other dynamic systems of the universe communicate in this fundamental language of existence which connects everything that exists in the realm of life and goes through the cause and effect cycle in Nature. Animals and plants pay attention to the information that comes to them intuitively as sensing. Humans, on the other hand, have been trained over generations to disregard the intuitive information as inconsequential. From the moment we are born, we are subtly, and sometimes overtly, conditioned to tune out our intuition. Intuitive information often comes in the form of feelings and hunches, they are not so acceptable in our modern-day, ultra-logical culture. Functioning largely by sight and sound, humans have become poorly equipped to understand the importance of this vital communication among organisms and their environment. This would explain why many animals involved in the Asian tsunami in 2004 moved to higher ground right before the wave hit, while most humans did not. The fundamental language of life which connects us, creates and preserves us in Nature is already in danger of extinction due to disuse by human beings.

According to Rashmi Aiyappa, the spiritual scientist and founder of the global spiritual science organization Aashwasan, evolution has brought about changes in the functionalities of the human body-mind system, making it incompatible for the soul to express its complete potential. This took human beings away from their own intuitive intelligence and reduced the experience of their infinite potential to a mere 3 to 5 %. Disconnect with one's own intuitiveness brought about unnatural mechanisms in the body and has over time caused loss to many facets of human life which were vital for human evolution. Humanity is already experiencing the ill effects of this disconnect in the form of lack of clarity, lack of sense of Self, sense of purposelessness, confusion, degenerative conditions, psychosomatic disorders, faulty lifestyle choices. Social epidemics such as addiction, cancer, psychiatric conditions, deteriorating quality of life are some of the growing concerns that are gnawing at the world. And if this continues, in no time human race will lose its ability to evolve according to its natural capacity. The way tail disappeared from human body, one day the human beings themselves could go extinct.

To arrest the degenerative pattern that has set in human mechanism and change the direction of humanity from self-destructive path to preserve what is natural in us, Rashmi Aiyappa offers a unique spiritual technology of Aashwasan ScienceTM. This is geared to revive the connection with the language of one's inner self (soul) thus revamp human mechanism to its original format. The connection to one's original format can revive functions of human body to its original capacity and reinstate the natural ability of the human being to connect, communicate and evolve in nature's course. This not only will preserve the human race, but through them it will also help nature preserve itself in the way it furthers life in its absolute purity.

Completing 11 years of its existence this May 23, Aashwasan wishes everyone an experience of true happiness and purpose as it walks towards the dream of a world that lives by Love, as Love is where it all begins...

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