

### Snapshot 1

"You reach home after a torrid day at work, irritable, exhausted and with a dull headache. As is the daily routine, you tend to lose your temper at your wife, your son and your old parents. Deep within you, you know that this is not the real you. You were a much calmer person, gentle and caring but somewhere down the line, years of grinding routine has clouded these qualities. Normally as you reach home you would encounter a sombre mood which seems to be constantly hovering around the house. There was no reason to presuppose that today would be any different. But as you step in, for some unknown reason you start feeling light. As your wife opens the door, you smile at her and feel the connection long buried in ancient memories. Something seems to awaken. The whole evening passes of as if your are gliding with the wind. The environment seems to be transformed. Fun and laughter fill up the house. Lightness, warmth and love envelop all members of the family and for the first time after years, you fall asleep into a deep slumber and wake up fresh to face another day."

**Ms. Rashmi Aiyappa**  
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# Aashwasan:

## The Science of Epiphanies



### Snapshot 2

"Mr X works as a sales representative in a medical firm. He is used to waiting for hours to meet his clients- doctors. It is the same every day, cajole the doctor, convince him about a new drug, corrupt him with gifts, and smile even while he treats you with contempt. The same grind, the same routine everything was mechanical and profoundly disturbing. What made the job more difficult was that he had to deal with doctors, some of whom were rude and discourteous. Mr X was a soft person and he found it beyond his dignity to stomach insults and uncouth words for no fault of his. Over the years, the hardened feelings have left indelible marks in him. He used to feel sick very often, was troubled by gout and severe inflammation in his joints. But today something was so different. He felt lightness in his heart, streak of joy over his head, and a body which felt fresh and energetic. The fear of meeting his clients had all but vanished. Strangely as he encounters the first doctor, the doctor starts enquiring about his health and his family. Everything seems different. These were the same people whom he met day after day. But somehow they seem to have changed. He actually feels purposeful talking to them."

Can these snapshots be real or are they made of fairy world stuff? What is common between them? Is it possible for the universe to shift so dramatically? Can incidents such as this happen in our lives?

Moments of epiphany though rare, touch us profoundly. As In the first case, we experience a shift when somebody else is under the throes of such profound moments and in the second case, a shift in our soul and sense of knowing impacts others. People around us are the same, but they change suddenly towards us. Such instances of moments which I would like to call as peak epiphanies seems to be beyond the comprehension of many. The impact of such moments though are life-changing. A change in a person can spread in a viral manner. His family, neighbours and the entire community around transform and change. Such moments impact not just the deeply intangible aspects of our life, but have a long lasting effect on our bodies and minds as well. It is possible for unexplained regression of diseases to happen. It is possible for some psychiatric conditions to vanish and deeply held regret, anger, sadness to vanish in a jiffy.



Our life is made of such magical moments. It is true that such moments seem beyond our control. But they happen for a reason and many times are within our grasp and can be co created by us and the universe. At every instant in our life we have a choice- to yield to our mind, its incessant thoughts, the ever controlling emotions, fears, anger or to resist them and feel the connect with our subtle self, the deepest aspects of our self. When we connect to our mind or familiar emotions, we feel comfort, sometimes the comfort of the known. There seems to be something solid behind the connection. But yet this connection is limited. When we experience the connect with our infinite self, there is an unknown feeling about this, something new, unfamiliar. But as we delve deeper, the joy of the infinite can pervade within us, shifting our consciousness. It is at these moments that everything happens in a flow, without our conscious awareness. It is difficult to discern and discriminate between the object and the subject. Words that come out educate us as much as they do to others. Perspectives shift and pernicious habits vanish.

These are the true moments of infinite experience that human beings were destined to feel and bask in. An instant of such connection has the potential to change individuals, families, our loved one's and entire societies, lifting them from years of suffering and pain. Experience of ones infinite consciousness can create indelible memories in human beings transforming them forever. Post modern physicists mention about such a science- a science that bridges the gap between consciousness and Quantum physics- a science that is subtle and yet experiential in nature.

Aashwasan science is such a science that bridges the gap between objective sciences and consciousness. Aashwasan guides individuals into these infinite moments in a scientific manner. As the individual is guided into their infinite self, their life changes and events and people around them transform. They start to experience the true essence of oneself, and uncover hidden talents and potential. As the connection to one's infinite self becomes stronger, aspects which did not belong to them are shed. Years of conditioning which led to physiological, psychological issues are reversed even as the original mechanisms in the body are restored. Aashwasan allows one to experience the infinite power within. With the guidance of such Sciences, Epiphanies no longer need to be a matter of chance but can be within the grasp of everyday happening.

Aashwasan is the only organization in the world that brings in the knowledge of Life-force Mechanism™ & Timeless Phenomenon™ to transform lives. The deep knowledge of human mechanism - its creation & its experience is called Aashwasan Science™. Its foundation was laid by world-renowned spiritual scientist, inventor, and entrepreneur, Rashmi Aiyappa. This Science has brought unprecedented breakthroughs in 100's of areas of health conditions and transformed over 250 organizations worldwide for purposeful business solutions. Visit [www.aashwasan.org](http://www.aashwasan.org) to know more about the possibilities of your life and how to unlock the hidden potential and dreams.



*“Love is where it begins...”*

*Rashmi*

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