



CELEBRATING THE MAGICAL HER

Being a woman is a unique experience that is expressed in myriad colours. Even as a woman goes through this journey, along with the beautiful she also experiences unpleasant sides of life. All these colours can get muted by the conditioning as a result of which she sometimes fails to allow herself the freedom to express her true self. She goes through a phase of unclear experiences resulting in an experience of a diminished sense of oneself. In many such situations she is unable to stand up for herself and ends up accepting abuse and unpleasant aspects as a way of life.

Being a woman, fulfilling responsibilities, discharging obligations placed on oneself, meeting expectations, are all determined by cultural stereotypes that not only dictate how she should behave, but also how she should feel about herself. The feeling of not being worthy gets deeply ingrained in many women. It has a bearing on a woman's fundamental freedom to make her own choices and impacts the experience of her identity. In this process many women lose their voice. Real empowerment is possible when we go beyond these issues and bring a fundamental shift in collective perspectives.

As times change, awareness is also building up on the subtle aspects of empowerment. This journey of awareness and empowerment forms a core part of Aashwasan's women empowerment initiative. This movement is being taken forward under the leadership and guidance of Ms. Rashmi Aiyappa, the world renowned and award winning spiritual scientist, inventor, social innovator and entrepreneur. She is a human being who lives by example. Multi-talented and multifaceted, she brings forth all her talents and skills in a purposeful manner to preserve nature and reinstate the true essence of humanity.

On women's day, Aashwasan "celebrated magical her" at Hotel Hilton. The uniqueness of the evening was the graceful presence of Ms. Rashmi Aiyappa who is born with a unique ability to experience human creation, its mechanism and manifestations. She experiences the complete body-mind and soul mechanism of a living life, as they experience it. She experiences the complete cause and effect cycle of human life across the lifespan. This gives her absolute clarity about human life and all the happenings in it. These are referred as Lifeforce Mechanism™ and Timeless Phenomenon™ in Aashwasan. Aashwasan is a Spiritual Science™ organization founded to connect people to their infinite self. Using her inborn abilities Ms. Rashmi Aiyappa has created various tools and techniques, which are offered as services in Aashwasan. Ms. Rashmi Aiyappa



has touched thousands of lives bringing unprecedented transformations through these unique services offered in Aashwasan. She relentlessly works for the betterment of humanity by offering support and solutions. Aashwasan stands for reassurance in a person's life. It brings hope in each and every situation that an individual is going through.

According to Rashmi Aiyappa, women's day is not just about celebrating women, it's about celebrating the specialness of each individual. It is true celebration and togetherness that comes from complete acceptance and specialness of each person. The gripping part of the event began when she took people through a journey of self-inquiry, the origin of one's self and the fundamentals of one's creation. According to her, due to the changes brought by evolution, human beings have lost the ability to be in touch with their inner selves and thus fail to experience the uniqueness of their life. The altered human mechanism brought manifestations of various concerns at physiological, psychological and spiritual levels. When issues and concerns are addressed at the root cause level solutions are experienced. Aashwasan's women empowerment initiative is a revolutionary movement that has been created to empower every woman to connect to and experience her true identity.

According to Ms. Rashmi Aiyappa, individuals can become self-aware and celebrate another's specialness only if they connect to their own uniqueness. When this happens people in relationships grow and discover themselves. Experiencing one's true essence enables people to shed their conditioned patterns and behaviours and experience their innate specialness. To bring a unique experience in people to connect to each one's specialness, Ms. Rashmi Aiyappa rendered a beautiful session called Love and Bonding as a gift to all the participants that day. During the session people were put in touch with their origin. All aspects that are not a part of one's true self shed in that moment thus making it possible for the deepest dreams, wishes and hopes to manifest in one's life.

A participant shared that she broke free of the helplessness. A mother who was overtly worried about her grown up children came out of the session and said "My children can take care of themselves, but I want to know the purpose of my life and what I can do with myself". A gentleman shared "I went back to my childhood. I was not happy. I felt disappointment, but when I was asked to let go and accept things as they are, I felt happy." Families connected with each other and felt profound togetherness for the first time. A young lady shared that the transformation was truly amazing. Everyone left with brilliance on their face. No one wanted to leave that space even after the session was over.

Many came back weeks later to say that they had intrinsically changed. Life had transformed for the better for all who experienced Ms. Rashmi Aiyappa's session. "The Magical Her" was a celebration of their being and of life.

To know more, reach Aashwasan:

Call: +91 80 25450895 / + 91 9731301017/18

Email: info@aashwasan.com

Web: www.aashwasan.com

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