



*L*ife is unpredictable. We can't always be certain of what is going to happen next. The journey of life much like a roller coaster takes such curvy twists and turns, makes us go backwards or spins us upside down. It is difficult to take the craziness of life – don't we all feel afraid or confused or surprised on this mysterious journey called life?

How do we make sense of everything in those terrible moments when nothing about life is clear? What is going to happen next? What lies ahead or around the corner?

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Synchronicity

The Science behind Signs

Is there a way to know? Is there a secret language in which life speaks to us? Are there signs, messages, clues which hold valuable keys to our lives? Can it impact or shape our lives for the better and help us to accomplish our dreams? Happenstances that cannot be explained but gives us direction to move through life's unpredictable twists and turns, drops and climbs, highs and lows— and turn it into a thrilling ride.

*Picture an event that happened to you, to which you had truly said the words “**what a coincidence**”.*

You may be thinking of a loved one and lo and behold, the loved one has called! Or you randomly bumped into a friend you have been missing lately at a restaurant? Or even seen a word that answers a question you are looking for?

Something that looked like it happened completely by chance with no probability of those specific circumstances coming together!

Not all coincidences and events in our lives are meaningful but sometimes in intense moments of crisis, transition or creative tension, striking and meaningful coincidences can occur which are unexplainable in terms of logic, but have a great personal significance and importance to the individual. When you experience an 'impossible' situation where there seems to be no way out, random events happen which lead you to unexpected new circumstances or bring about a breakthrough. These outwardly random events seem to be signs that something significant is at work, arriving right at a moment in time when its message is necessary to the growth and evolution of the individual.

Touching at the heart of our being, such moments of “meaningful coincidence” or “Synchronicities” as they are called, dissolve the boundary between the inner and the outer.

These are moments in time in which there is a crack in the fabric of what we have thought as reality and through it shine forth the brilliance of a connected Universe, giving us a glimpse of the underlying Unity and Oneness of life.

But what exactly does it mean and how does it help to solve our life's problems?

Asha, a client of Aashwasan, a mother of a child with multiple disabilities shares about her search for the right school for her son and how it ended in an amazing synchronicity!

As a special child's mother, I have had a journey of life with so many challenges hitting me in the face. One of them was finding the right school for my son. Although affected with multiple disabilities which include walking difficulties and visual impairment, my son is a brilliant child and I wanted him to emerge out in all his colors, bringing out his complete potential. But finding a school which was the right fit for him was a search in which I was never really successful. Sometimes it was that he did not feel welcomed in the school, at other times there were no good therapists available at the school; if everything was right, the affordability was a problem. Years passed by but I could never find anything which sustained his interest nor brought any difference in his learning skills. After trying several schools in the city, I was tired and frustrated and almost decided to homeschool him which would mean that he would miss out on all those social interactions and group time he could gain if he goes to school. Meanwhile I had gone to my native town in Kerala for a specific purpose. Out on some work with my dad, I happened to pass by a special school which was opened recently in our town. We did not have the time to get down and enquire as we were getting late for the work we set out for but the school remained in my mind. We finished our work and were back home. To our surprise, my uncle was there with a brochure of that very school we saw on our way. He had made some enquires and thought that it was the right school for my son as it had therapies and academics under the same roof and moreover, it had trained teachers for vision impairment. My joy knew no bounds when I heard this. I right away called up the school. I met the Head of the Institution who was a doctor, trained in Neuro-Rehabilitation from UK. The school had all the right elements necessary for my son's growth and to my greatest relief, Yay, it was affordable! We joined him in the school. He loves every day of his school and is doing very well. His sensory issues have drastically come down and he has started support walking again, he lost the ability to walk three years back when he had a grand mal seizure. Within six months of his being there, the teachers say that he is showing the best improvement academically among 30 kids.



WELLNESS

Synchronistic moments like this feel like grace, as they induce in us the feeling that it is meant to be and sets us on our destined path! It assures us that life knows us and supports us and that we are part of a great reality and not separate from it.

Time and again such synchronicities have been the experience of people connected with Aashwasan, who have recounted such experiences that had been beautiful, favorable and harmonious occurrences that happened in alignment with their deepest need.

Synchronicity is Universe's own. They happen when we are in tune with ourselves and in alignment with the Universe. The services of Aashwasan Science™ connect people within and helps increase the awareness of such meaningful 'coincidences', which show up in life. It is then that we realize that Synchronicities can be an everyday experience.

From the most vital crossroads, decision points in life, meeting significant people, making life-altering choices to seemingly insignificant occurrences like receiving an email or a phone call, we realize that every inch of our existence is carefully planned and cared for. Although not visible at the time, it will reveal itself when the time is right.

With increased awareness, one realizes that all events in life are synchronistic. That Reality is not random! Life's events have a meaning and they speak to us! One realizes the Science behind Synchronicity – that life knows exactly what we need at all times!

As one trusts the synchronicity in life, one learns to greet the vast unknown with faith and excitement rather than fear. Life then feels like a great adventure with surprises and delights at every turn.



“Love is where it begins...”

Rashmi

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