

Continuing to Serve with Love

Bringing hope in small and big ways

Love is where it all begins...says Rashmi Aiyappa, the spiritual scientist, inventor and founder of Aashwasan. Travelling with thousands of lives and taking a journey through their experiences, Rashmi Aiyappa discovered phenomena that guide human mechanism. Based on her discoveries of LifeForce Mechanism™ and Timeless Phenomenon™, she invented the energy based scientific methodology, Aashwasan Science™. Over past 16 years, this science has consistently brought path breaking solutions in the areas of Health, Education, Corporate well-being, and empowerment of the differently abled and underprivileged.

Aashwasan has stood as the last ray of hope to thousands of individuals and organisations, who have found answers to undiagnosed, untreatable and

recalcitrant problems. When Covid-19 hit the world, many unique techniques and services were created to help both patients and their families.

True recognition is when work speaks more than words. The penultimate quarter of 2021 reiterated the fact that serving with love is the only way one can transform lives.

Continuing to share hope stories during pandemic

Indira

My son-in-law was diagnosed with Covid. He couldn't eat or sleep and was panicking. He couldn't talk to us for 2 days after the diagnosis. My sister, who is a doctor, suggested Aashwasan and I immediately started his healing sessions. After the first session itself, he started eating and sleeping well. The accuracy of the reports shared after every session was so re-assuring that I also took one

session to deal with my stress. Later when my daughter showed signs of Covid, I opted for a session for her too.

Anitha

I was diagnosed with Covid and pneumonia in both the lungs. After 8 days of treatment, I was discharged. The doctor said I had lung fibrosis and to be careful for two months. It is three weeks after discharge and I am breathing well. My saturation that was 93 even after discharge increased to 97-98. I resumed work. The mental and physical support I got from Aashwasan was very re-assuring.

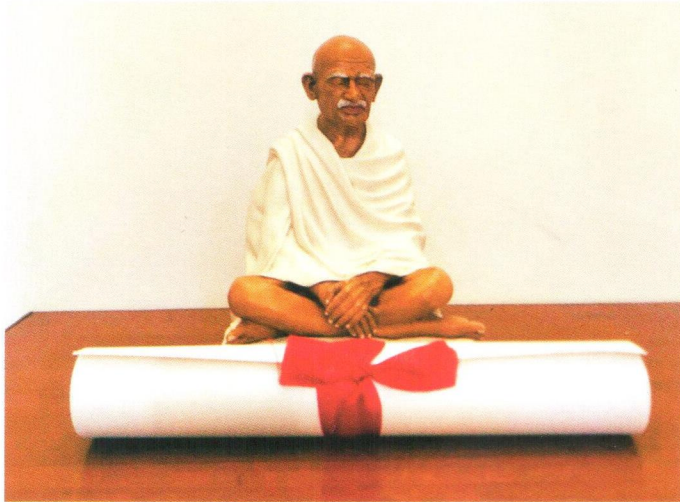


Varun Kumar

I and my wife were diagnosed with Covid. We have two young children. We just knew that we had to reach Aashwasan. We are in Mumbai, so we took distant sessions. First we overcame our severe anxiety. We could be more practical and realistic. We took right actions and managed well. Aashwasan's support helped us recover faster and gave clarity as to how to take care of ourselves post Covid.

Satish Kumar

My wife and I tested positive. My 14-year-old autistic son was negative. My wife had more symptoms. We contacted Aashwasan and started our sessions. Our panic the main hindrance to our recovery, was completely addressed, symptoms reduced and body found more strength to fight the infection. Our son cooperated well and we recovered smoothly.



Kavitha

When I turned out to be Covid positive, I was extremely anxious because I am pregnant too. My 7-year-old daughter, who has gone through a lot of illness in her childhood, also tested positive. I was scared and anxious. I started my sessions with Aashwasan. My fear, anxiety reduced. They gave practical suggestions and asked me to consult a paediatrician for my daughter, who said there was nothing to worry. We both recovered within a week. I still feel tired but I know it is part of the condition and that I will recover soon.

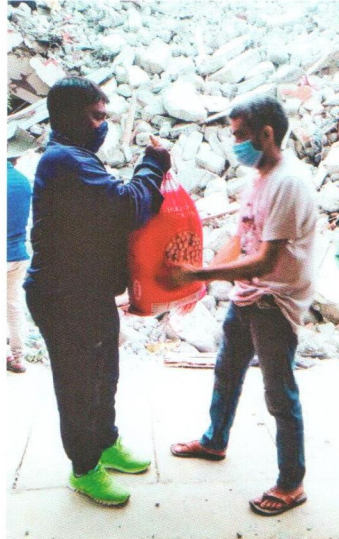
Continuing to offer support in small ways...

On October 7, 2021, in Kasturi Nagar, Bengaluru, a building collapsed suddenly. Fortunately, no lives were lost but all residents lost their homes and belongings.

The security guard of that building lost his livelihood and home. Aashwasan Foundation gave him groceries and hygiene supplies till he found a home.

Continues to be recognised

Aashwasan Foundation honoured with the Prestigious Mahatma award for 2021



Aashwasan Foundation was honoured in the category "Inventions that Maximize Human Potential". The Mahatma Award, founded by social entrepreneur and philanthropist Amit Sachdeva, recognizes impact leaders and change-makers across the globe who are making a social impact and leading the way to a sustainable future.

Aashwasan continues to reach out. It continues to lay a path for a journey of homecoming. It is a space that has an answer beyond religion, belief, faith, logic and philosophy – it is an experience. It is a revolution that is here to make this world a place of love and hope.



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