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The "Hope for Life" Walk and Run event held by the Aashwasan Foundation on Saturday, June 10th, was a resounding success. Warmth, happiness, and togetherness were the prevailing spirits throughout the event. "Participants eagerly arrived on time, brimming with



anticipation, just as the early morning sun rose. The event started with registrations, followed by the Celebration of Hope, where attendees were introduced to the world of Aashwasan. The energetic warm-up session led by Mr. Rehan (RFit Studio, HBR Layout) set the tone for a refreshing exercise. The 5km run commenced, and the air buzzed with excitement and enthusiasm as participants set their sights on completing the race. Notably, the 3km race that followed showcased each participant's unwavering motivation and enthusiasm up to the final stretch. "Our esteemed guests,

Chief Guest Lion Rajashekariah, PMFJ District Governor 317 F, and Special Guest, the charming star Prathap Sinha Reddy, graced the event with their presence, inspiring and motivating all with their words of wisdom. Govindraj P emerged as the victor in the 5km race, earning a well-deserved cash prize of 8000 rupees. Anil Prakash claimed the top spot in the 3km race, taking home a cash prize of 4000 rupees. "Throughout the event, all participants' energy and determination were awe-inspiring. Following their exertions, tired runners were treated to a delightful breakfast and snacks, replenishing their spirits. The atmosphere was filled with connections and camaraderie as wonderful souls embraced the essence of Aashwasan, leaving with a sense of happiness and hope. "The event stood as a testament to the power of unity and collective purpose, where participants came together to stand for hope for themselves and others. It was heartwarming to witness the seamless flow and precision of the entire event as if all those gathered were one. In summary, the Walk and Run event was a memorable occasion that exemplified the spirit of Aashwasan, leaving all participants with a renewed sense of purpose and a belief in making a difference. "Our heartfelt gratitude

to our main sponsors- Epiance Software Pvt Ltd, Lions Club District 317F, BBMP, Ashwa security services, the Mohans, B.S.Badriprasad and Company, Zion Hospital, A J Sports, Decathlon, Smruti Sadhana, Sri Lakshmi tent house, A to Z Provision Store, Ms Vijayalakshmi, Ms Glory, Mr Bernard, Mr Shiva Kumar and Mr Gerold whose support made the event seamless. We thank Mr Balaji and Srinivasan Iyengar for offering Civil Defence



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volunteers. We also thank our media partners- Voice of Dandu Express/ Udaya Samachar, for covering the event. Mr Robert Maria Clement, the videographer and photographer, deserves our special thanks as they played an invaluable role in capturing all the special moments. "#hopeforlife #hope #runforacause #bengaluru #aashwasan #aashwasan foundation