



AASHWASAN CELEBRATES ITS 18TH ANNIVERSARY!



refreshing exercise. The 5km run commenced, and the air buzzed with excitement and enthusiasm as participants set their sights on completing the race. Notably, the 3km race that followed showcased each participant's unwavering motivation and enthusiasm up to the final stretch.

It was a serene evening as the entire Aashwasan family came together to commemorate our remarkable journey of 18 years. It was an evening filled with serendipitous laughter, heartfelt conversations, and transformative reflections. Aashwasan not only transformed countless lives over the years but has also empowered individuals to awaken their innate potential, igniting transformative journeys of self-discovery. As we celebrated this milestone, we couldn't help but feel a profound sense of gratitude. We expressed our heartfelt appreciation for the unwavering support of our community, collaborators, and well-wishers, who have been instrumental in our growth and success.



Our esteemed guests, Chief Guest Lion Rajashekariah, PMFJ District Governor 317 F, and Special Guest, the charming star Prathap Sinha Reddy, graced the event with their presence, inspiring and motivating all with their words of wisdom.

The event stood as a testament to the power of unity and collective purpose, where participants came together to stand for hope for themselves and others.

"Hope for Life" Walk and Run

The "Hope for Life" Walk and Run event held by the Aashwasan Foundation on Saturday, June 10th, was a resounding success. Warmth, happiness, and togetherness were the prevailing spirits throughout the event.

The event started with registrations, followed by the Celebration of Hope, where attendees were introduced to the world of Aashwasan. The energetic warm-up session led by Mr Rehan (RFit Studio, HBR Layout) set the tone for a

Zero Frequency Rx Sessions

We are happy to share that this year, as Ms Rashmi wished, Aashwasan has been offering Zero Frequency Rx sessions as a gift to people all around the globe. On the 23rd of every month, Aashwasan facilitates Zero Frequency Rx sessions to help people align their minds with their souls and fulfil their innermost dreams.

Experiencing the events of Aashwasan can be life-changing. Keep yourself abreast of our events. Connect with us and subscribe to our social media handles and the Aashwasan YouTube channel to get notifications on new videos and other relevant information.



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RASHMI AIYAPPA



AASHWASAN

