

*AWARENESS IS KEY  
TO YOUR INNER DIVINITY...*



*2024  
CALENDAR*



*You were born with infinite possibilities and are blessed  
with a lifetime to uncover and experience them...*




## ABOUT RASHMI AIYAPPA

Rashmi Aiyappa is a globally renowned spiritual scientist, inventor and founder of Aashwasan®, a spiritual science organization. She is the source of a science which was discovered with secrets about timelessness and theories about life after death. It is Aashwasan Science® - one science that encompasses the mechanisms of all life forms into a single dynamic format demystifying the root cause of all unknown, be it a disease, situations of life, relationships, or not knowing one's self at all. To bring this science to every individual in this world, she created a space, Aashwasan®, that has an answer beyond religion, belief, faith, logic and philosophy – it is an experience.

Her inventions brought unprecedented hope to thousands of lives by offering path-breaking solutions for Health concerns and Organizational well-being and created revolutionary initiatives to transform Education and Social health. Owing to her consistent endeavours to better human living, Ms Rashmi was also recognized as an Iconic Leader by the Women's Economic Forum, the Global Peace leadership and Excellence Award by the World Peace Conference and One of the Fifty Most Impactful Social Innovators by World CSR. She was also recognized as one of India's Top 10 Women CEOs for the years 2021 and 2022.

Rashmi Aiyappa is on a mission to help people discover their connection with nature and experience love and hope.



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 [AASHWASAN](https://www.youtube.com/AASHWASAN)

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## ABOUT AASHWASAN®

Aashwasan® is a spiritual science organization that transforms lives by leading individuals to explore their Infinite selves. Rashmi Aiyappa founded it in 2005 to offer her discoveries and inventions to bring holistic life transformation. Aashwasan® offers her invention, Aashwasan Science®, to help people address the root cause of conditions and situations and enable them to experience their innate potential. Over the last 19 years, it has been a hope for all those who needed solutions for health conditions, answers to questions of life, resolutions for broken relationships, clarity for spiritual dilemmas and direction in their life.

Aashwasan's mission for the world is to make a world that stands for the original creation of humanity towards preservation. Aashwasan® delineates the path for transformation by contributing to the following areas: Health and Well-being, Humane Education, Social well-being, Research in the development of Aashwasan Technology, Environmental well-being, Awareness and Empowerment of the underprivileged and differently-abled. Aashwasan® is a movement of love and happiness that helps people break free of their conditioning and lays a path for a journey of homecoming.



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GROUP-OF-COMPANIES](https://www.linkedin.com/company/aashwasan-group-of-companies)

 [AASHWASAN\\_TRANSFORMINGLIVES](https://www.instagram.com/AASHWASAN_TRANSFORMINGLIVES)

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ONENESS IS JUST SELF AWARENESS -  
BEING ABLE TO CONTINUOUSLY  
EXPERIENCE YOUR SELF AT ALL  
OCCASIONS, EVERY SITUATION AND  
EVERY NUANCE OF YOURSELF.

# January

Su	Mo	Tu	We	Th	Fr	Sa
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

NOBODY SHOULD TELL YOU WHAT YOU SHOULD DO, WHO YOU ARE, WHAT YOU ARE CAPABLE OF. YOU NEED TO EXPERIENCE IT YOURSELF SO YOU NEVER QUESTION IT AGAIN.

# February

Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	1	2



THE MOMENTS YOU SPEND  
IN AWARENESS ARE THE  
MOMENTS YOU ARE ALIVE.

# March

Su	Mo	Tu	We	Th	Fr	Sa
25	26	27	28	29	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



HOPE IS WHAT YOUR SOUL  
EXPERIENCES WHEN IT KNOWS IT IS  
MOVING IN THE RIGHT DIRECTION.

# April

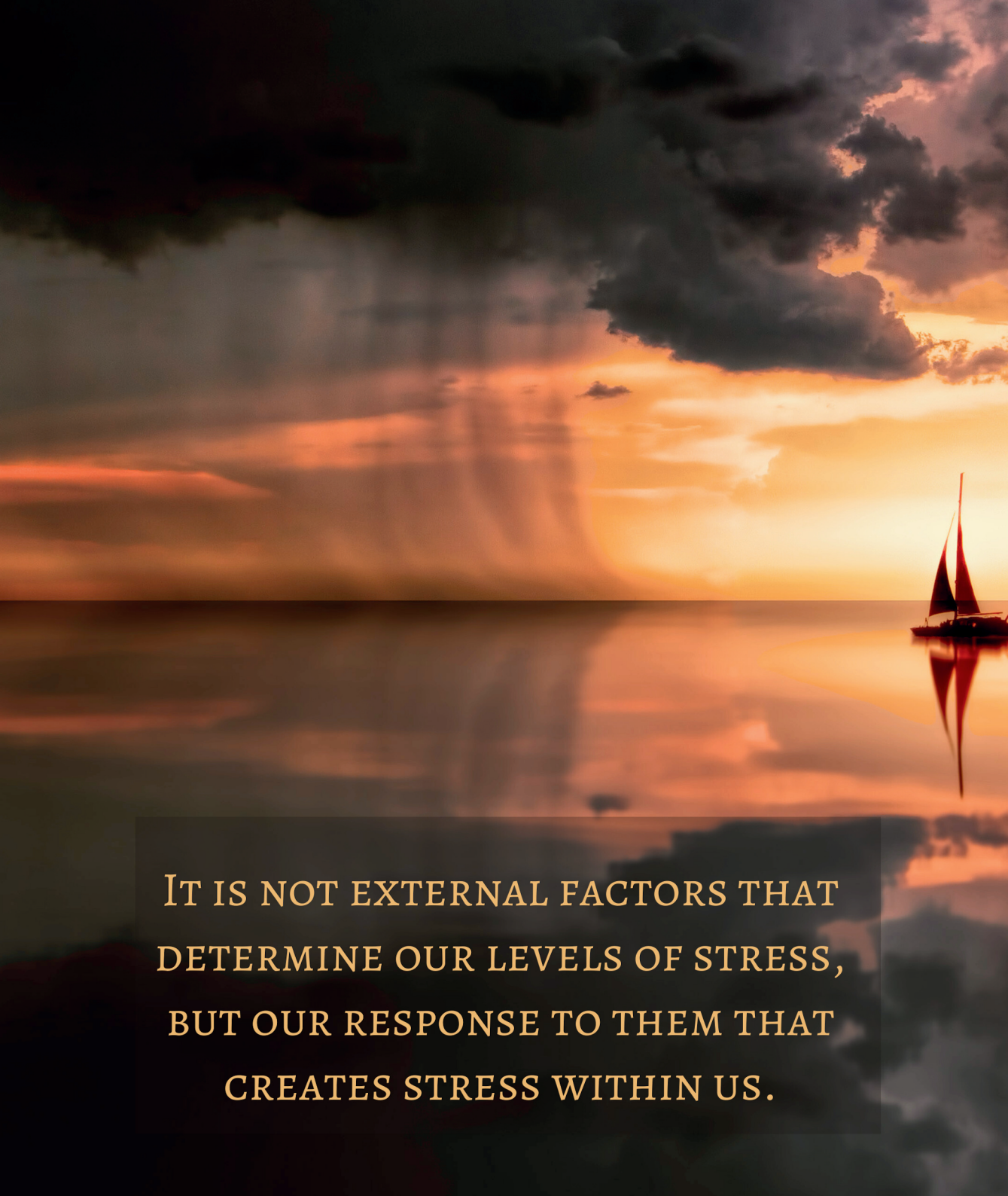
Su	Mo	Tu	We	Th	Fr	Sa
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4



DON'T BE AFRAID TO BE DIFFERENT -  
THAT'S WHERE THE MAGIC LIES!  
STEP AWAY FROM THE CROWD AND  
FIND YOUR OWN UNIQUE PATH.

# May

Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1



IT IS NOT EXTERNAL FACTORS THAT  
DETERMINE OUR LEVELS OF STRESS,  
BUT OUR RESPONSE TO THEM THAT  
CREATES STRESS WITHIN US.

# June

Su	Mo	Tu	We	Th	Fr	Sa
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



DID YOU KNOW THAT BEING CLUED INTO  
OUR SOUL'S PRESENCE GIVES US A CLEAR  
SENSE OF 'RIGHT TIME' IN OUR LIFE?

# July

Su	Mo	Tu	We	Th	Fr	Sa
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3



LIFE DOESN'T GIVE OPTIONS BUT  
A CHOICE YOU MAY TAKE OR NOT.

# August

Su	Mo	Tu	We	Th	Fr	Sa
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



OPTIMAL HEALTH ARISES WHEN WE  
NURTURE OUR BODY, MIND, AND SOUL  
THROUGH CONSCIOUS CHOICES AND  
RIGHTEOUS ACTIONS.

# September

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5



THE DECISION ABOUT WHAT IS CONSIDERED RIGHT CAN BE COMPLEX BECAUSE WHAT MAY BE RIGHT FOR SOMEONE MAY NOT HOLD TRUE FOR ANOTHER PERSON.

# October

Su	Mo	Tu	We	Th	Fr	Sa
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

BY BEING TRUE TO THEMSELVES,  
HUMAN BEINGS CAN TAKE CHARGE OF  
THEIR OWN DESTINIES AND CREATE  
MOMENTS OF LOVE AND HAPPINESS.

# November

Su	Mo	Tu	We	Th	Fr	Sa
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



LOVE IS THE PUREST EXPERIENCE  
OF THIS UNIVERSE - IT CONNECTS,  
HEALS, CREATES AND NURTURES.  
IT IS THE LIGHT OF THE SOUL IN  
WHICH EVERYTHING IS SEEN.

# December

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4